

CANDICE TUFANO, RD



REGISTERED DIETITIAN

FRUIT IS MY JAM.

EXPERIENCE

Diabetes Educator/Dietitian

Lexington, KY

CHI SAINT JOSEPH HEALTH
AUG 2019 TO PRESENT

- Teaches Diabetes Self Management Education and Support classes as well as Gestational Diabetes class
- Provides inpatient diabetes education support, monitors inpatient glycemic control and works as part of an interdisciplinary team to control glucose levels.
- Delivers 1:1 individualized nutrition education for a variety of conditions, predominantly DM, pre-diabetes, and obesity.
- Authors a monthly nutrition article that is dispersed to and displayed in 142 hospitals in 21 states.
- Constructed and implemented an outpatient Enhanced Recovery after Surgery (ERAS) nutrition initiative to improve outcomes in orthopedic surgery patients.
- Spearheaded an informatics project to combine electronic charting and the Nutrition Care Process
- Worked to improve clinic no-show rates by implementing technology based patient-reminders.

Outpatient Dietitian

Lexington, KY

UNITED STATES DEPARTMENT OF VETERANS AFFAIRS
DEC 2019 TO PRESENT

- Contract-style outpatient clinician
- Provides medical nutrition therapy to veterans both in person and via tele-medicine.
- Nutrition interventions are primarily focused on patients with diabetes, hyperlipidemia, unintentional weight loss, and malnutrition.

Dietetic Intern

Atlanta, GA

SOUTHERN REGIONAL MEDICAL CENTER,
CLASS OF 2019

- Clinical heavy internship with rotations concentrated in obstetrics, women's health, and infant nutrition.
- Developed a free diabetes education series in an underserved community
- Gained experience working with urban populations in food deserts.

EDUCATIONAL BACKGROUND

University of Kentucky

BACHELOR OF SCIENCE
DIETETICS

Morehead State University

BACHELOR OF ARTS
DOUBLE MAJORS:
-JOURNALISM
-GOVERNMENT

PROFESSIONAL PARTICIPATION

Academy of Nutrition and Dietetics

LOCAL AFFILIATE CHAPTER MEMBERSHIPS:

- Bluegrass Academy of nutrition and dietetics
- Greater Atlanta Area Academy of Nutrition and Dietetics

Fayette County Diabetes Coalition Member

- Member of a group of both medical providers and community activists who work to raise awareness for diabetes and reduce its incidence

CONTACT INFORMATION



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