Vanessa Oliver M.S., R. D., L. D. 859-536-3264

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Experience

Dietitian, University of Kentucky Health & Wellness 2012-present

* Designs and implements nutrition programs and activities
* Designs and implements evaluative measures of programming
* Promotes culture of health and wellness for eligible population of over 19,000 people
* Conducts nutrition consults by appointment for eligible population

Temporary Instructor, Lexington Healing Arts Academy August 2012-November 2012

* Created and led nutrition lectures to Personal Fitness Training students in order to match necessary knowledge for national certification exam

Temporary Instructor, Univ. of Kentucky Dept. of Nutrition & Food Science Aug 2011-Dec 2011

* Prepared and delivered lectures to 300+ students in Intro to Nutrition & Wellness course
* Designed and delivered assignments, quizzes, and exams
* Maintained online class presence using Blackboard system

Farmhand, Elmwood Stock Farm 2003-2012

* Conceived and prepared meals for family and staff of local organic farm using 90% farm-raised products
* Collaborated on product development conception and evaluation and tested recipes for value-added market products
* Preserved foodstuffs for family
* Performed seasonal work necessary to maintain family-run certified organic farm

General Manager, Alfalfa Restaurant 2004-2006

* Performed all tasks related to running busy independently-owned restaurant
* Selected skills include: menu conception and preparation, ordering and inventory, payroll, employee training and scheduling, licensing and tax preparation

Education

Master of Science, University of Kentucky 2012

* Hospitality and Dietetics Administration

Bachelor of Arts, University of Kentucky 1997

* Departmental honors, English
* Phi Beta Kappa

Volunteer Experience (selected)

God’s Pantry, A Running Start, Shepherd House, Lexington Farmers Market

Interests

Culinary Nutrition, Vegetarian Nutrition, Organic Farming, Local Food Systems, Home Food Preservation, Running, Trail running, Hiking, Cycling