Erica Rhorer

1. A Brief Bio Erica Rhorer is a Registered Dietitian Nutritionist, International Board-Certified Lactation Consultant, Certified Dietitian Nutrition Coach, and an Apprentice Diabetes Educator through the Kentucky Board of Licensed Diabetes Educators.  She is the Owner of Willa, Nutrition & Lactation Services and Co-Owner of Bluegrass Birth Collective in Lexington, KY.  She specializes in lactation, women’s health, maternal health, diabetes, and weight management. In addition, she has 10+ years of experience in the hospital setting. She is inspired daily by her husband and two sons. In her free time, Erica likes to exercise at Burn Boot Camp, spend quality time with family & friends, serve at Restoration Church, and dancing with her two boys in the kitchen
2. Previous BGAND leadership experience:  Member Events
3. Why you would like to be in this leadership position:  This is an opportunity to be involved with the Academy at a local level.  It is an opportunity to help coordinate and lead advocacy efforts on critical issues that impact the profession, such as reimbursement, nutrition security and consumer protection. It is an action step in making a difference right here in Central Kentucky by getting involved with key policy issues that impact the health of the population and the dietetics profession.   Being in a leadership position also provides the ability to network with other growing leaders and dietitians in Kentucky.