Curriculum Vitae  
Annie Koempel, RD, LD, MA

Education

2019-present PhD Candidate, Anthropology University of Kentucky  
2018 M.A. in Applied Anthropology University of Kentucky  
2015 B.S. in Dietetics University of Kentucky  
2011 B.A. in History and Anthropology West Chester University

Employment

August 2016- Program Manager, University of Kentucky Superfund Research Community current Engagement Core  
2016-2017 Nutrition Instructor, Lexington Healing Arts Academy  
2013-2015 Research Assistant, Department of Dietetics and Human Nutrition, University of Kentucky  
2011-2013 Teaching Assistant, Department of Anthropology, University of Kentucky  
2011-2013 Research Assistant, Behavioral Sciences, University of Kentucky

Publications

**Koempel A**, Mudd G, Stephenson T, Brewer D. Mountains of Abundance: A Fruit and Vegetable Walking Program in Central Appalachia. 2020. Journal of Appalachian Studies 26(1):106-127.

Oo K, Stephenson T, Hege A, Brewer D, Gamboa L, Hildesheim L, Serra L, Houlihan J, and **Koempel A**. 2020. Addressing Childhood Hunger During the Summer Months with the Building Blocks for Healthy Kids Program: Evaluation of plate waste, knowledge, and behavior change.  Journal of Hunger and Environmental Nutrition.

Hoover AG, **Koempel A**, Christian WJ, Tumlin K, Pennell KG, Evans S, McAlister M, Ormsbee LE, Brewer D. 2020. Appalachian Environmental Health Literacy: Building Knowledge and  
Skills to Protect Health. Journal of Appalachian Health 2(1): 47-53.

Oo TNS, Stephenson T, Hege A, Brewer D, Gamboa L, Hildesheim L, Serra L, Houlihan J, and **Koempel A**. 2020. Gleaning from Campus Farms:  Sustainable Approach to Reducing Waste and Addressing Food Insecurity.  Journal of the North American Association of Colleges and Teachers of Agriculture 63(2):354-359.

Brewer D, Travis E, **Koempel A**, Ormsbee L and Pennell K. 2019. Community Forum Identifies Opportunities to Engage with Community Leaders about Chronic Disease and Environmental Pollution in Eastern Kentucky. Applied Environmental Education and Communication.

Brewer D, Bellamy H, Goodman Hoover A, **Koempel A**, Gaetke LM. 2019. Nutrition and environmental pollution extension curriculum improved behaviors and environmental health literacy. Environmental health insights*.* **13:**1-11.

Adams I, Okoli C, Dulin Keita A, Linares A, Tanaka K, Polanin J, **Koempel A**, Wen L. 2016. Breastfeeding Practices Among Native Hawaiians and Pacific Islanders. Journal of Obesity.

McHugh K, Horn V, **Koempel A**, Stephenson T, Plasencia J, Mudd G, and Brewer D. Walking Program with Farmers’ Market Vouchers Increased HDL Cholesterol Among Appalachians. In preparation.

Brewer D, **Koempel A**, Stephenson T, Horn V, and Mudd G. Farmers’ Market and Community Meal Voucher and Walking Program Generates Positive Health Outcomes in Rural Appalachian Adults. In preparation

Papers Presented

**Koempel A.** 2021. “Whoever needs food we’ll feed them one way or the other”: Covid-19 and Food Aid in Appalachian Kentucky. Society for Applied Anthropology Annual Meeting, Online.

**Koempel A.** 2020. Embodied Insecurities: Socio-Economic Status, Eating Patterns, and Metabolic Health. Appalachian Center SWAP, Online.

**Koempel A.** 2020. BerryCare: Food Insecurity and the Role of Memory. Appalachian Translational Research Network (ATRN) 10th Annual Health Summit, Online.

**Koempel A**. 2014. The Global Dietitian: How Focus Must Extend Beyond the Individual and Nutrients. Critical Dietetics, Chicago, IL.

Poster Presentations

**Koempel A,** Brewer D, Mudd-Martin G. Reinforcing and Building New Community Relations in Appalachian Kentucky Amidst the Covid-19 Pandemic. Poster presentation, Superfund Research Program Annual Meeting, December 2020.

Mattingly A, **Koempel A**, Brewer D. Examining the Impact of Nutritional and Environmental Hazards Education in Appalachia Children’s Camps: Qualitative Findings from the Field. Poster presentation, Partnerships for Environmental Public Health Annual Meeting, February 2020.

**Koempel A**, Brewer D, Hoover A. Examining Environmental Health Literacy in Appalachia: Qualitative Findings from the Field. Poster presentation, Superfund Research Program Annual Meeting, November 2019.

**Koempel A**, Stephenson T, Plasencia J, Mudd G, McHugh K, Brewer D. Produce to the People: Increasing Food Access and Physical Activity in Appalachian Kentucky. Poster presentation, Food and Nutrition Conference and Exposition (FNCE), October 2019.

**Koempel A**, Brewer D, Horn V, Blackburn K, and Stiltner S. Environmental Pollution Knowledge Gain was Similar Among Youth Aged 5 -13 Years Old. Poster presentation, Superfund Research Program Annual Meeting, December 2018.

McHugh K, Horn V, **Koempel A**, Stephenson, Brewer D. Walking Program with Vouchers Increased HDL Cholesterol Among Appalachians. Poster presentation, Food and Nutrition Conference and Exposition (FNCE), October 2018.

**Koempel A**, McHugh K, Horn V, and Brewer D. Walking for Local Produce in Rural Kentucky: A Qualitative Review. Poster presentation, Appalachian Translation and Research Network Summit, September 2018.

McHugh K, Horn V, **Koempel A**, Stephenson T, and Brewer D. Tanglewood Trail Walking and Voucher Program. Poster presentation, Appalachian Translation and Research Network Summit, September 2018.

Stiltner S, **Koempel A**, Horn V, Blackburn, Brewer D. BMI among Rural Appalachian Youth Participating in a Farm and Nutrition Education Camp in Eastern Kentucky. Poster presentation, Appalachian Translation and Research Network Summit, September 2018.

Brewer D, **Koempel A**, and McHugh K. BerryCare: Community Partnerships to Increase Consumption of Phytonutrient-rich Blackberries among Older Adults. Poster presentation, Superfund Research Program Annual Meeting, December 2017.

Brewer D, Bellamy H, **Koempel A**, and Gaetke L. Positive Behavior Changes Made Following Participation in Cooperative Extension Education Curriculum Focused on Dietary Strategies to Protect Against Environmental Pollutants. Poster presentation, Food and Nutrition Conference and Exposition (FNCE) Conference, October 2017.

Brewer D, **Koempel A**, Hosier A, Strang J, Price A, Amorese A, and Stephenson T. BerryCare: Blackberry Cooperative Extension Lessons to Promote Phytonutrient Intake. Poster presentation, Food and Nutrition Conference and Exposition (FNCE) Conference, October 2017.

Instruction

DHN 607: Food Related Behaviors Spring 2021

Professional Service

Bluegrass Academy of Nutrition and Dietetics, Secretary 2019-present

Bluegrass Academy of Nutrition and Dietetics, P.R./Marketing Chair 2014-2018

Anthropology Graduate Student Association, Member & Secretary 2012-2013

Graduate Appalachian Research Community, Treasurer 2011-2012

Honors and Awards

Bluegrass Academy of Nutrition and Dietetics Scholarship, awarded 2019

Staff Professional Development Fund, awarded 2018 and 2019

Grant Funding

Susan Abbott Jamison Research Award, awarded 2020

James S. Brown Graduate Student Award for Research on Appalachia, awarded 2020  
Food Connection Student Opportunity Grant, awarded 2020

Certifications and Skills

Registered Dietitian Nutritionist, September 2016 – present

Licensed Dietitian, September 2016 – present

Certified Intuitive Eating Counselor, July 2017 – present   
Computer skills: Proficient in MS Word, Power point, Excel, REDCap, EndNote.   
Working knowledge of SPSS Statistics and NVivo.